

< Back to results | 1 of 1

Export Download Print E-mail Save to PDF Add to List More...

International Medical Journal Malaysia Open Access
Volume 17, Issue Specialissue2, 2016, Pages 243-248

Grief & personal growth : Reflection from Quran , Hadith and modern medicine (Article)

Raduan, N.J.N.^a Rosly, N.H.M.^b Razali, Z.A.^c Al Siddiq, M.^d Salleh, M.R.^a

^aDepartment of Psychiatry, Faculty of Medicine , Universiti Teknologi MARA, Malaysia
^bDepartment of Psychiatry, Kuliyyah of Medicine , International Islamic University Malaysia, Kuantan, Malaysia
^cFaculty of Medicine and Health Science, Universiti Sains Islam Malaysia, Malaysia

View additional affiliations

Abstract

View references (30)

Grief has been defined as the reaction towards loss with typical symptoms including sadness, anger, guilt, yearning, regret, loneliness, numbness and positive feelings related to individual's personal experience. Grief has been postulated to occur when a safe and secure bond has been threatened. This loss can be an opportunity for personal growth . It is growth that emerges from difficult life events. It may occur during or after the process of grieving. We reviewed three cases related to grief and personal growth . Three cases were described where grief and personal growth were observed. Each case occurred in different situations. These different situations were; an adult child and caregiver of patient with dementia, a widow who loss her husband from drowning, and a cancer survivor who experienced psychological and spiritual growth from the loss and adverse life event. As a comparison three stories taken from the Quran and Hadith were analyzed to reflect on the three case discussions. The Quran and Hadith have mentioned stories of personal growth emerging from difficulties. The completeness of Islamic creed has never neglected the spiritual component in treating medical, physical and psychological illnesses. Islamic spirituality facilitates and enhances personal growth in the aftermath of any physical and psychological tribulations. It is important to merge the spiritual aspects of grief from Islamic perspective, as to aid those suffering from grief to attain personal and spiritual growth . © 2019 Default.

SciVal Topic Prominence

Topic: Grief | Bereavement | Disorder PGD
Prominence percentile: 96.856

Author keywords

Bereavement Psychospirituality Spiritual growth

ISSN: 18234631
Source Type: Journal
Original language: English

Document Type: Article
Publisher: International Islamic University Malaysia

References (30)

View in search results format

All Export Print E-mail Save to PDF Create bibliography

Metrics

0 Citations in Scopus
0 Field-Weighted Citation Impact

PlumX Metrics
Usage, Captures, Mentions, Social Media and Citations beyond Scopus.

Cited by 0 documents

Inform me when this document is cited in Scopus:
Set citation alert
Set citation feed

Related documents

- Bereavement and Transformation: A Psycho-spiritual and Post-traumatic Growth Perspective
Bray, P. (2013) Journal of Religion and Health
- A broader framework for exploring the influence of spiritual experience in the wake of stressful life events: Examining connections between posttraumatic growth and psycho-spiritual transformation
Bray, P. (2010) Mental Health, Religion and Culture
- The Hero-Journey, Hamlet and Positive Psychological Transformation
Bray, P. (2018) Journal of Humanistic Psychology

View all related documents based on references

- ☐ 1 Grief and acceptance as opposite sides of the same coin: Setting a research agenda to study peaceful acceptance of loss ([Open Access](#))

(2008) British Journal of Psychiatry, 193 (6), pp. 435-437. Cited 55 times.
doi: 10.1192/bjp.bp.108.053157

[View at Publisher](#)

Find more related documents in
Scopus based on:

[Authors >](#) [Keywords >](#)

-
- ☐ 2 Zisook, S., Shear, K.
Grief and bereavement: What psychiatrists need to know ([Open Access](#))

(2009) World Psychiatry, 8 (2), pp. 67-74. Cited 146 times.
[http://onlinelibrary.wiley.com/journal/10.1002/\(ISSN\)2051-5545](http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)2051-5545)
doi: 10.1002/j.2051-5545.2009.tb00217.x

[View at Publisher](#)

-
- ☐ 3 Ryff, C.D.
Happiness is everything, or is it? Explorations on the meaning of psychological well-being
(1989) Journal of personality and social psychology, 57 (6), p. 1069. Cited 4016 times.
Dec

-
- ☐ 4 Schaefer, J.A., Moos, R.H.
(2001) Bereavement experiences and personal growth

-
- ☐ 5 Gamino, L.A., Sewell, K.W., Easterling, L.W.
Scott and white grief study—phase 2: Toward an adaptive model of grief

(2000) Death Studies, 24 (7), pp. 633-660. Cited 74 times.
doi: 10.1080/07481180050132820

[View at Publisher](#)

-
- ☐ 6 Balk, D.E.
Bereavement and spiritual change

(1999) Death Studies, 23 (6), pp. 485-493. Cited 51 times.
doi: 10.1080/074811899200849

[View at Publisher](#)

-
- ☐ 7 Marrone, R.
Dying, mourning, and spirituality: A psychological perspective

(1999) Death Studies, 23 (6), pp. 495-519. Cited 76 times.
doi: 10.1080/074811899200858

[View at Publisher](#)

-
- ☐ 8 Cadell, S., Regehr, C., Hemsworth, D.
Factors contributing to posttraumatic growth: A proposed structural equation model

(2003) American Journal of Orthopsychiatry, 73 (3), pp. 279-287. Cited 178 times.
doi: 10.1037/0002-9432.73.3.279

[View at Publisher](#)

-
- ☐ 9 Tedeschi, R.G., Calhoun, L.G.
Beyond the concept of recovery: Growth and the experience of loss

[View at Publisher](#)

-
- ☐ 10 Grof, S., Grof, C.
(1989) *Spiritual emergency: When personal transformation becomes a crisis*. Cited 132 times.
TarcherPerigee
-
- ☐ 11 Grof, C., Grof, S.
(1990) *The stormy search for the self: a guide to personal growth through transformational crisis*. Cited 94 times.
Los Angeles: Jeremy P. Tarcher. Inc
-
- ☐ 12 Bonanno, G.A.
(2009) *The other side of sadness: What the new science of bereavement tells us about life after loss*: Basic Books. Cited 127 times.
Sep 22
-
- ☐ 13 Lancaster, B.L., Palframan, J.T.
Coping with major life events: The role of spirituality and self-transformation

(2009) *Mental Health, Religion and Culture*, 12 (3), pp. 257-276. Cited 18 times.
doi: 10.1080/13674670802500684

[View at Publisher](#)
-
- ☐ 14 Tedeschi, R.G., Calhoun, L.G.
Time of change? The spiritual challenges of bereavement and loss

(2006) *Omega: Journal of Death and Dying*, 53 (1-2), pp. 105-116. Cited 31 times.
<http://baywood.metapress.com/media/5hyvqmxxq0y7tmxcd4p/contributions/7/m/b/u/7mbuufv96tj6dp83.pdf>
doi: 10.2190/7MBU-UFV9-6TJ6-DP83

[View at Publisher](#)
-
- ☐ 15 Utz, A.
(2011) *Psychology from the Islamic perspective*. Cited 8 times.
Riyadh, Saudi Arabia: International Islamic publishing house
-
- ☐ 16 Al-Jauziya, I.I.Q.
(1999) *Healing with the Medicine of the Prophet (PBUH)*. Cited 19 times.
Darussalam Publishers
-
- ☐ 17 Qur'an 29:2-3
-
- ☐ 18 Qur'an 2:155
-

☐ 19 Muslim
Sahih 44:320 [Internet]. [cited 19 July 2018]
<https://sunnah.com/muslim/44/320>

☐ 20 Muslim
Sahih 44:321 [Internet]. [cited 19 July 2018]
<https://sunnah.com/muslim/44/321>

☐ 21 Muslim
Sahih 11:4 [Internet]. [cited 19 July 2018]
<https://sunnah.com/muslim/11/4>

☐ 22 Qur'an 21:83

☐ 23 Qur'an 13:28

☐ 24 Dyregrov, K.
Micro-Sociological Analysis of Social Support Following Traumatic Bereavement:
Unhelpful and Avoidant Responses from the Community

(2004) Omega (United States), 48 (1), pp. 23-44. Cited 51 times.
<http://ome.sagepub.com/content/by/year>
doi: 10.2190/T3NM-VFBK-68R0-UJ60

[View at Publisher](#)

☐ 25 Qur'an, 8, p. 46.

☐ 26 Qur'an 16:127-128

☐ 27 Bukhari
Sahih 75:2 [Internet]. [cited 19 July 2018]
<https://sunnah.com/muslim/75/2>

☐ 28 Muslim
Sahih 55:82 [Internet]. [cited 19 July 2018]
<https://sunnah.com/muslim/55/82>

☐ 29 Muslim
Sahih 48:1 [Internet]. [cited 19 July 2018]
<https://sunnah.com/muslim/48/1>

God's Champions and Adversaries: About the Borders between Normal and Abnormal Religiosity


(2009) Religion and Psychiatry: Beyond Boundaries, pp. 235-251.

<http://onlinelibrary.wiley.com/book/10.1002/9780470682203>

ISBN: 978-047068220-3; 978-047069471-8

doi: 10.1002/9780470682203.ch13

[View at Publisher](#)

 Raduan, N.J.N.; Department of Psychiatry, Faculty of Medicine, Universiti Teknologi MARA, Jln Hospital, Sungai Buloh Selangor, Malaysia; email:jannahraduan@gmail.com

© Copyright 2019 Elsevier B.V., All rights reserved.

[Back to results](#) | 1 of 1

[Top of page](#)

About Scopus

[What is Scopus](#)

[Content coverage](#)

[Scopus blog](#)

[Scopus API](#)

[Privacy matters](#)

Language

[日本語に切り替える](#)

[切换到简体中文](#)

[切换到繁體中文](#)

[Русский язык](#)

Customer Service

[Help](#)

[Contact us](#)

ELSEVIER

[Terms and conditions](#) [Privacy policy](#)

Copyright © Elsevier B.V. All rights reserved. Scopus® is a registered trademark of Elsevier B.V.

We use cookies to help provide and enhance our service and tailor content. By continuing, you agree to the use of cookies.

 RELX